



# PICO Questions & Research

Written By: Anicia Kuchesky

## Evidence Based Research & PICO: Developing the Answerable Clinical Question

Anicia Kuchesky

# INTRODUCTION

This video and set of handouts shows you how to turn your research question into a PICO statement and use the Labouré databases to support your research.

## Step 1 — PICO Questions & Research

### Evidence Based Research & PICO: Developing the Answerable Clinical Question

Anicia Kuchesky

PICO is a way  
to organize a  
well-built and  
answerable  
clinical  
question

- **Population (P)** – What individual or group are we interested in studying?
- **Intervention (I)** – What is the action (intervention, treatment) we are considering taking?
- **Comparison (C)** – To what other action (intervention, treatment) are we comparing the considered action?
- **Outcome (O)** – What do we anticipate as an outcome?

**P** -Population  
**I** -Intervention  
**C** -Comparison  
**O** -Outcome

What are effective ways to deal with bullying in the workplace?

- **P** - nurses
- **I** - cognitive based rehearsal
- **C** - no strategy? other strategies?
- **O** - ? unknown

- **Watch the following video:** (click on the title below)
  - [Evidence Based Research & PICO: Developing the Answerable Clinical Question](#)
- View the handouts below for support